



Hkkjrh; vkfnokl h tutkfr; ka ds mRFkku ds
fy, vkfFKzd uhfr; kW

j.s.w.p.k.s.k.u

I ekt "kkL= foHkkx] , I -ch-Mh- dkyst] /kkei j
tuin fctukj A

i Lrkouk &

Hkkjr o'kz, d cgr cMk ns k gsvkj bl eal H; rk o l adfr ds l Hkh Lrj dsyxs bl ns k ds
?kus txyka vksj nqz i oreykvkaejgrsgSA blghadksHkkjrh; vkfnokl h ol; tkfr] tutkfr vkfn
ukekal sl Eckf/kr fd; k tkrk gSA

2001 dh tux.kuk ds vuq kj bu tutkfr; ka dh l okz/kd tul a; k 188 yk[k
NRrhl x<+eagSA bl dsckn budh tul a; k Øe' k% egkjk"V^a ea 86 yk[k] xqjkr ea 85 yk[k]
mMh k ea 81 yk[k] jktLFkku ea 71 yk[k] >kj [k.M ea 70 yk[k] vkU/kz ins k ea 50 yk[k] i f' pe
caky ea 44 yk[k] dukWd ea 35 yk[k] fcgkj ea 7-6 yk[k vkfn gA mRrj ins k ea budh
tul a; k doy 11 yk[k gSA 2001 dh tux.kuk ds vuq kj vuq mpr tutkfr; ka dh vf[ky
Hkkjrh; I k{kjrk nj 47-1 i fr' kr gSA



HkkSkfyd nf"V l stutkfr; ka dsfuokl Lfkuka dks i kp {ks-ka&fgekpy {ks-} e/; Hkkjr {ks-}
i f' peH Hkkjr {ks-} nf{k. k Hkkjr {ks- rFkk }hi {ks- eafohkfr fd; k tk l drk gSA MMND fcjtk ' kadj
xgk] ftUgkaus ^Hkkjr dks iztkfr; ka dk vtk; c?kj dgk gS tutkfr; ka dks rhu HkkSkfyd {ks-ka
foHkfr fd; k gS

i)mRrj o i wZ dh tutkfr; k; & bl {ks- ea l fEefyr jkT; ka ea tEe&d' ehj] fgekpy ins k]
mRrjkpy] vl e] ef.ki g] eSkky;] fetk]e f=i jk] ukxkySM] v: . kky ins k i ed[k gSA bl {ks-
dh i ed[k tutkfr; ka eaxnah] cdjky] jkth] [kk] h] tkul kjh] ckMk] ytpk vkfn gSA

l)e/; {ks- & bl {ks- ea xgk use/; ins k] NRrhl x<} >kj [k.M] mMh k] cak] fcgkj] xqjkr
bR; kfn ins kka dks l fEefyr fd; k gSA ; g {ks- tutkrh; tul a; k dh nf"V l s?kuk {ks- fcjgk]
tq/kax] Hkkiet] l fky] mjko] dek] Hkhy] xkM] bl {ks- dh i ed[k tutkfr; k; gSA

III) nf{k.kh {ks= & rfeyukMq duk/d] vkaiki ns k] d]y] i kf. Mpjgh] jkT; ka dk nf{k.kh {ks= ekuk tkrk gSA bl {ks= dh vkaik] dks/k] uk; j] i fy; u ied[k tutkfr; k] gA

yxHlx l Hkh tutkfr; k] i gkMh txyka nyny Hkfe vks , d sl LFkkuka ea fuokl djrh gS tgl; l Melkadk vHko vks orzku ; krk; kr , oal pkj dsl k/ku vHkh ogk; mi yC/k ughagsi k; sgSA bl dk i fj. kke ; g gq/k fd mul sl Ei dzdjuk , d dfBu dk; Zgksx; k gSA ; gh dkj. k gSfd oSKfud vfo"dkjka ds e/kj l s vHkh vijfpr gh gs vks mudh vkfkdz 'ks{kf.kd] LokLF; l Ecl/kh , oa jktuhfrd l eL; kvkadk fujkdj. k ughagsi k; k gSA osvlu; l h dfr; ka l sHkh vijfpr gSA i fj. kke Lo: i mudk vi uk for k"V thou nf"Vdks k 'Way of Life' cu x; k A ftl ea0; ki rk dk vHko gSA nqz fe uokl ds dkj. k l pkj dh l eL; k i snk gpbZ gSA l Mel] Mkd [kkuk] rkj?kj] VsyhQks] l ekpkj i =] jSM; ksvks fl uek dh l fo/kk, Wbu {ks=k eaughai gpb i k; h gSA

Hkkskfyd nf"V l svknokfl ; ka dk fuokl LFkkuk nqz gkus ds i fj. kke Lo: i mudk vk/kfud l h dfr l sl Ei dzughagsi k; k vks osorzku i xfr dh nka+eacgr fi NMa gpbZ gSA

nl jh rjQ dN vknokl h l h dfr; ka dk ckg; l h dfr; ka l s cgr l Ei dz gq/kA bl vR; kf/kd l Ei dz us Hkh dbZ l eL; k, W [kMh dj nh gSA vknokl f; ka ea l h dfrd l Ei dz dh l eL; kvkadk tle nsugrqdbz dkj. k mRrjnk; h gSA uohu l h dfr ds

l Ei dz us Hkksy&Hkksy vknokl f; ka dks vi uh vks vkdf"kr fd; k] fdurqvkfne , oauohu l h dfr; ka dschp bruk vlrj gSfd osuohu l h dfr; ka l svudhyu u dj i k; sA tS k fd fglng/ka ds l Ei dz ds dkj. k bu ykka ea cky fookg dh i Fkk i ui h , oa Hkk"kk dh l eL; k us tle fy; k A bl i dzkj vknokfl ; ka us ckg; l h dfr l egra l sl Ei dz ds dkj. k vud l eL; k, Wi ui h tS s & Hkfe 0; oLFkk dh l eL; k] txy dh l eL; k] vkfkdz & 'kksk. k , oa __. kxLrrk] vks] kfxd Jfedka dh l eL; k] cky&fookg] os ; kofRr , oaxr jksx] Hkk"kk l eL; k] tutkfr; kw fyfyr dyk vks gl] [kku&i ku , oai gukosdh l eL; k vks f' k{kk /kezd h l eL; k vkn A



thfodki ktZu ds Lrj ij vknokfl ; ka us thou ds i jEi jkRed rjhdk ds LFkkuk ij uohu rjhds vi ukus i MSA mlga txyka l sydMh dkVuS LFkkukUrfjr [krh djus, oa vlu; olng/kadk i ktr djus dh eukgh dj nh x; h A osck/; gkdj vi usey fuokl dksR; kx dj pk; cxxkuk] dkj [kkuka vks QSDV, ka eadk; Zdjus ds fy; spysx; sA vc osHkfeghu df"k Jfedka, oa vks] kfxd Jfedka ds : i eadk; ZdjusyxsA bu ykka dh etcjh dk ykHk mBkdj Bclnkj , oam | kx i fr bul sde etnijh ij dke djkus yxsA bl i dzkj budk vkfkdz 'kksk. k fd; k x; k tks tutkfr; kw df"k ea yxh gpbZ gS muea LFkkukUrfjr df"k djrh gS ftl s^>ek [krh* ; k ^na [krh* Hkh dgk tkrk gSA , d h [krh i k; % ostutkfr; kw gh dj jgh gS tks vHkh ckgjh l Ei dka l sl ki fkd : i l snij gSA bl i dzkj dh [krh ea ou ds dN {ks= l si Mka dks dV fn; k tkrk gS vks fxsjgq i Mka ea vx yxk nh tkrh gSA tc vfxu 'kkur gks tkrh gS jk [k B. Mh gks tkrh gS

rks bl eacht cks k tkrk gSA bl HkkMh ogkMks&rhu Ql y mxkus ds ckn gh tutkfr vks c<rh gS vks ; gh i f0; k ogkwi q% ngjkbZ tkrh gSA Li "V gSfd bl i dzkj dh [krh u dpy vkfkdz gS cfYd Hkfe dh mojr k dsl ekR djrh gS vks ouka ds vHko ea Hkfe dVko Hkh c<+tkrk gSA bu l cdk vflre i fj. kke Hk [kejh ds: i ea l keusvkrk gSA

vf' k{kk o : f<oknh i jEi jkva l sLokLF; ij i Mksokys i Hko fd l rjg l stu𝔱 kadks

i Hkkfor dj jgsga



tutkfr eaf' k{kk dk vHkko gsvk\$ osvkkurk dsVL/kdkj eai y jgh gSA vf' k{kk dsdkj. k osvud vL/kfo' okl k\$ dghfr; ka, oadq Ldkjka l sf?kjs gq vkfnokl h ykx orZku f' k{kk ds ifr mnkl hu gSA

^os, d h uko eal okj gks x, gsekuka thou dh mRr x ygjka l st-prsgq mudh ekW-h dh i rokj gh NWdj cg xbzgsmudsvk/; kfred l gkjsfc[kj x, gsvk\$ oseW; kads l xV eai M+x, gs A**



vf/kdka kr% tutkfr; kW?kustaxyk\$ i gkMh Hkkxka, oarjkbZ-{ks-kaefuokl djrh gSA bu Hkkxka eavud chekfj; kWf k; h tkrh gSA xhysxlndi M+i guusdsdkj. k bu ea

dbz peZ jksx gks tkrsg\$bu ykxka ea eysj; k] i hfy; k] pppd] jk\$ vip, oa xqrkacka dh chekfj; kWfhk i k; h tkrh gSA chekfj; ka ds bykt dsfy, fpdfRI ky; ka dk vHkko g\$ MkDVJ, oa vk/kfud nokvka dh l fo/kk, Wugh gSA; sykx taxyh tMh&chV; k\$ >km&QWl, oa tkn&Vkus dk iz kx djrs gSA vf/kdka kr% vkfnokl h LokLF; dsfu; eal svufHkK gSA mlga i k\$Vd Hkktu Hkh mi yC/k ughags i krk A l Urfyr vkgkj] foVkfue; ; Pr Hkktu ds vHkko ea Hkh bu ykxka dk LokLF; fnuk&fnu fxjrk tk jgk gSA ifj. kkeLo: i budh dk; Zdq kyrk, oa {kerk ea deh vk; h gSA dbz tutkfr; kadh rktul \$; k u"V gksjgh gSA

tutkfr; ka eafookg dh vk; qo o/kqvks\$ fL=; kadh ifrLFkfr %&

l k/kj. kr% l Hkh tutkfr; ka eafookg cpiu eagh dj fn; k tkrk gSA ge; g dg l drsg\$ fd bu eai wkr% cky&fookg dh i Fkk i pfyr gSA mnkgj. k dsfy, l fkkky] eq Mk] mjkb] xkM] c\$ck] dksy vkfn tutkfr; ka eal kekl; r% yMedka dh obkfgd vk; qckjg l spkng o"z vks\$ yMfd; kadh ukSI snl o"z dschp gkrh gSA dN tutkfr; ka eao\$bkfgd vk; qi kW l sl kr o"z dschp gh gSA bl vk; qdsckn tutkfr; ka eafookg mfpr ughagsrk A dBkj l keftd cl/kuka dsdkj. k l Hkh ykxka dks bu fu; eadk i kyu djuk i Mfk gSA Hkkjrh; tutkfr; ka eadpy ukxk vks\$ dph tutkfr; kWgh, d h tutkfr; kWg\$ ftueafookg dh vk; qi Ung l si Pphl o"z dschp gSA



Hkkjrh; tutkfr; thou eangst iFkk dsfoijhr ik; %o/k&eW; dh iFkk ipfyr gSA bl iFkk ds vud kj vfuok; Z: i l soj ; k ml dk fir k o/kw ds fir k dks, d fuf' pr jde nrk gS tks udn ; k oLrq/kads: i eagsl drh gSA ik; %; g o/kq

eW; mi gkja ds: i eafn; k tkrk gSA o/k&eW; dN tutkfr; ka ea ijEijkxr : i ea fuf' pr gkrk gsvk dgh&dgha ij ; g dU; k i {k dsek/; LFK }kjk fuf' pr fd; k tkrk gSA mnkgj. k dsfy, tkul kj ckj dh ^[kl * tutkfr ea o/k&eW; ijEijk l sfuf' pr gSA tcd ^gk tutkfr ea; g dU; k i {k }kjk r; fd; k tkrk gSA T; k&t; kaenk dk id kj tutkfr; ka eagkrk tk jgk gS o/k&eW; Hkh udn : i eafn; k tkusyxx gSA fcgkj dh eqMk tutkfr ea; g iFkk bruh ipfyr gS dh l H; Hkkjrh; l ekt dh ngst iFkk dh rjg ; g Hkh l eL; k cu xbZ gSA** o/k&eW; Hkh 0; fDr dh l kekftd&vkfFkd i fr" Bk ds vud kj ekkk tkrk gSA bl dk i Hkko yMfd; kj yMelka ds dWkjs jgus tkus vkS foyEc fookg ds: i ea iMfk gSA o/k&eW; iFkk dks dU; k&fo0; ugha l e>uk pfg,] D; kd bu nksuks ea vlrj gSA o/k&eW; ; | fi dU; k fo0; dk : i ys l drk gS rFkfi o/k&eW; og iFkk gS ftl ea oj }kjk dU; k ds ifjokj dks HkM] fofue; ds: i ea nh tkrh gSA vkerkS l soj dk fir k vi usfj' rnkjka vkS nkrka l sHkM/ ydj o/kw ds fir k dks nrk gsvkS o/kw dkl fir k bl svi uscl/k&ckl/kpkaeackl/ nrk gSA

vud fpr tutkfr; karFkk tutkfr; kaij vR; kpkjkadh jksdFkke o l jdkj h iz; kl %& vud fpr tutkfr; ka ds fgrkFkZ pyk; s tkus okys vU; dY; k. k dk; De bl idkj gS & l jdkj ukSfj; ka ea tkus dh {kerk dks l qkkjus dsfy, ijh{kk&iwZ dks pax ; kst uk bl l e; 101 i f' k{k. k dlnkaeapyk; h tk jgh gSA bl dsfy, 1993&94 ea2 djkm+: i ; sdh forRr ; l gk; rk nh x; h A vud fpr tutkfr forRr vkS fodkl fuxe



l u-1989 l sde dj jgk gsvkS bl dk mnas ; tutkfr; ka ds vkfFkd fodkl dks c<kok nsuk gSA vc rd bl fuxe us4 vjc 35-13 djkm+: i ; sdh 507 ; kst ukvka dks Lohdfr nh gS ftul svud fpr@tutkfr ds1]75]462 m|fe; kadksykhk i gWk gSA 12 ekp] 1992 dks jk"Vh; vud fpr tkfr@tutkfr vk; kx dk xBu fd; k x; k gS ftl dk eq; dk; Zbu ykscak dh l g-{kk} dY; k. k] fodkl vkS mlufR l stM+l Hkh dke l blkyuk vkS l jdkj dks vko'; d l qko nsuk gSA bl ds vfrfjDr] tutkfr; ka ds 'kS{kd l qkkj dsfy, yMelka o yMfd; ka dsfy, Nk=kokl ; kst uk 1/1989&90] i lrd cd ; kst uk 1/1991&92] Nk=ofRr ; kst uk 1/1991] fons k ea mPp f' k{k dsfy, fo' ksk vumku ; kst uk] 0; kol kf; d i f' k{k. k ; kst uk 1/1992&93] de l k{kjrk okys {ks=ka

ea tutkrh; yMfd; ka dh f' k{k ; kstuk ¼1993&94½ fo' ksk : i l smYys[kuh; gSA ljdkj us
tutkrh; glrf' KYi ka dskctkj rd igvdkusdsfy, tutkrh; bykdkaea [kkI rks ij l kr foi .ku
vks l ok folrkj dlnz [kksygsa bruk gh ugha dY; k.k ea-ky; vud fpr tutkrh; kadsfodkl o
dY; k.k dk; k ea yxh gpZ vf[ky Hkkjrh; Lrj dh Lo; d dh l kFkkvka dks 'kr&ifr' kr foRrh;
l gk; rk mi yC/k djkrk gSA mugafofHku; ; kstukvkdksfØ; kflor djusdsfy, vupku fn; stkrsgS
tS &cky&ckfM+ kq f' k' kq i ky dlnz Nk=kokl kq fo | ky; ka rFkk if' k{k.k o mRi knu dlnka ds
l pkyu vknA 2003&04 ds nkjku 365 LoSPNd l xBuka dks yxHlx 24 djkm+ : i ; s dh
foRrh; l gk; rk nh x; h A dlnz l jdkj us l kroha; kstuk ds nkjku nfyrao vud fpr tutkrh; kads
fy, 10 yk [k edku cuokusdk nok fd; k gSA uksha i po"khz ; kstuk ea vkfne tutkrh; kadsfy,
, d vyx ; kstuk cukbz xbz vks Qjoh 1999 rd dsfy, 2-33 djkm+ : i ; sfn; sx; sA o"Kz
2003&04 eabudks 461-30 djkm+ : i ; s dh l gk; rk nh xbzA nfyrao vud fpr tutkrh
fodkl dsfy, 2008&09 eactV vko/ u 3]966 djkm+ : i ; s gSA tutkrh; mi ; kstuk dsfy,
fo' ksk dlnh; l gk; rk ds rgr nl oha ; kstuk ea 2960-33 djkm+ tkjh fd; sx; s rFkk X; kjgoha
i po"khz ; kstuk ea 631-80 djkm+ : i ; stkh fd; sx; sA

fu"dkz

tutkrh; kadh thou dN vol jka ij jk"Vh; in' kZ ; k ek= nijn' kZ ij dk; De dsfy,
ugha gSA , d k l kpk muds ifr jkka oknh n"Vdks k dks mtkxj djrk gSA tutkrh; kwHkkjrh;
l ekt] l dfr vks jk"V dh vfHku bdkbz kwgSA mudh l eL; kvkads foodi w kZ vks 0; ogkfjd
l ek/kku dsfcuk jk"Vh; , drk dk Lolu dnkfi l kdkj ughagsl drk A

l UnHkZl ph

- 1- tutkrh; l ekt dk l ekt' kkl=] Mko /kebhj egktu o Mko deys k egktu] food i dk' ku]
tokgj uxj] fnYyh&7
- 2- l ekt ' kkl= % , d ifjp;] Mko fgjlnz irki fl g o Jh uohu dckj] vxoky i fcyds kUI]
vksjk A
- 3- Hkkjr ea l ekt % l jpkuk , oa ifjorZ] Mko /kebhj egktu o Mko deys k egktu] food
i dk' ku] tokgj uxj] fnYyh&7
- 4- Hkkjrh; l ekt] epns, oal eL; k, W% Mko VhOcho fl g] vxoky i fcyds kUI] vksjk A
- 5- Hkkjr ea l ekt] Mko thOdO vxoky] Mko xki ky d" .k vxoky] , l Ocho i hOMho i fcyf' ka
gkAl] vksjk A
- 6- buVjuv ij l pz



j sw psgku
l ekt' kkl= foHkx] , l ch-Mh- dkyst] /kkeij
tuin fctuk A