



vk/kfud /keZ I dYi uk % cnyrh thou iz kkyh

'kka-kj ke 'ksykj

ejkBh foHkx] ukb/ dkwyst ] bpydjat[h] rk-gkrd.kxys]  
ft-dkYgki ij-

I kj ka k :

\*bz oj\* gk fo'okph fufeZrh d: u dBSxxyk \ vl k iz u vki .kk I okkup i Mrks ; k  
iz ukpa mRrj 'kkskrkuk tk.kdkj rYooŸ; kph ers fopkjr ?; koh ykxrkr- fofo/k /kekps  
rYoKku vH; kl kosyxrs \*fo'o\* gs , d Loræ fufeZrhLFkku vkgs ijeojkph i Hk Eg.kts  
fo'o- fo'okr iR; d oLræ/; s bz ojh vâk vkgs iR; d ftokRE; kgu oxGk vl kj f'KYyd  
jkgysyk vfr0; klr bz oj vkgs vl sekuystkrs

i Lrkouk :

\*bz oj\* , d] fo'o , d\* \*fo'o Eg.ktp bz oj\* \* fn0; Yokpk I k{kkRdkj Eg.ktsbz oj\* vl sfdR; d oGk  
EgVysxysysvkgŸ- mnk- \*I w Z o R; kph fo'o mtGw Vkd .; kph I keF; Zkhy 'kDrh] nŸnl; eku izk' k] >xexkV]  
rstke; rk] 'kdkrk] rhork b- ph I R; fde; k o perdkj Eg.ktp bz oj kps vLrRo dk; \ I w kps vLrRo  
nŸnl; eku] izk'keku I keF; Zgsbz ojh I keF; Zgks - Eg.kw dqkh I q kÿkgh bz oj ekurkr- J/nkoku ek.kl si Hkkrh  
I w kps n'kz >kys dh] rkrdkG , dk fu"Bus vki Y; k àn; kr ijeojkyk I k{kh Bw dtekyk I q okr djrkr<sup>2</sup>-  
I w kP; k Åxorhpk fcm] fufeZrh dnz Eg.kw ¼i wzn'kyk fuf' pr LFkku½\*Åxorhpk fn'kk\* vl sl æksku fnys tkrs  
i wzn'kk gh I w kph Åxekph fn'kk ekuyh tkrs R; kr cny gksks kD; ik; ukgh] gh dkG; k nxMkojph jSk vkgs

I w Z fdeku fnoL Hkj kP; k 0; ki krmu I d; kdkG fueZk djrks ekoG.; kl kBh ekoGrhdMs Eg.kts  
if'pedMstkrks R; koGh I w ZekoGrkuk ri Loh ykd Luku I d; k vkVsi w] HkfdrekgkRE; kusekoGrhP; k I w kps  
/; kuj Lej.k djrkr- ; kpk vFZ I w kÿk fujki nrkr] vl k gkrks dk \ rj R; k fnoL kpk 'køV R; k ekoGrhP; k  
{k.kkus gkrks fo'okph fnudæ jk=hP; k i kj Hkks ikyVrks \*jk=\* gksks gh ful xZ fu; ekuq kj thol "VhP; k  
foJkrah kBhph vko' ; d ?kVuk vkgs

fo'okph thou iz kkyh Åxorthi kl w rsekoGrhi ; År Bjysyh vl rs gk I ædr , d fl /nkr gkÅu cl rkŸ  
; k vFkZus thol "Vhph /kij .kk Bj rŸ rh vkeykr ; rŸ gs I okâh I okâ kBh ekU; dsysysvl rs R; kl p vki .k \*keZ  
vl sEg.krks

\*keZ gh I dYi uk fo'oke/; si R; d ekuoh i k.; kP; k orZuki ek.ksvk[kho jŸkho Lo: ikr ekU; djow  
?ks-yysyh vkgs mnk- dqkh , [kknk J/nkGwukxjhd ofMy/kkU; kP; k pj.kkuk Li 'kz' d: u ueldkj djrks dqkh  
, [kknh 0; Drh T; ŸB o drZxkj ek.kl kâk xq LFkkuh ek.krkuk vki .k i gkrks dqkh drZxkj ek.kl kâk vkn'kz  
vki Y; k thour Årjork- R; kl kBh ij.k.krhy] egkd0; krhy vusd fn0; mnkgj .ks vki Y; k MkG; ka ekj  
vki .k Bøysyh vl rkr- R; kuq kj vki .k vki ys vkpj.k Børks mnk- Jko.kckGkus vki Y; k ekrkfi R; kâk  
dkoMhe/; s ?kkyw [kknî koj ?kÅu fo'okrhy I oZ iæf'k frFZFKGkP; k n'kZkl kBh usysys gkrks R; ki d æh  
[kknî kojps vksŸ vksŸu okVrk rs i fo= dk; Z vkgs vl sek.kw R; kpk \*Hkj Eg.kw fclæk dæG vksŸ Eg.kw R; k

Jko.kckGkusfopkj dsysy ul rkt rj R; k i kBheksexekrfi rkt kBh l ok/keZgsrYo egYokps vl rs Jko.kckGkph eu%LFkrh gh \*kDrhP; k i krGhoj dk; ki kyV gksAu fLFkj korsk , d fu'p; gksAu ifjorh gks rFksJ/nruu /keZpk Li "V vl k funzk l pphr gksrks Eg.kuu vkbZ ofMykph l ok dj.kj gh , d vkn'kz/keZ izkkyh fl /n gksr /kefo"K; l dYi uk R; k}kjs: < gksA ykxrs

jkek; .kkryh \*jke\* vukoj ekrHkDrhP; k i Hkkokruu \*dSd; h\* P; k vkn'skko: u ouokl kr tkrks \*dSd; h\* P; k dVvy o di VfuriP; k Mkokph R; kyk dYi uk ul rs di VfuriP k jkep; k euyk dkuu k nqkhy ul rksdk \ rj rks\*dSd; h\* gh vki yh \*vkn'kz ekrrk\* vkgsvkf.k ekrpsvkKki ky u dsysi kfgts frpseukj Fk i wkZdj .ksEg.ktp /keZps i ky u dj.kj gh /kkj .kk jkek kj [; k vkn'kz i eKP; k eukr eGkrp fLFkj >kysy ghkrh Eg.ktp R; kph /kefo"K; d tk.kho ifji Do >kysy ghkrh jkT; kpk dkgh dkG R; kx d: u vfyir o oxGs thou txk; pš v'kh fopkj \*kDrh R; kP; k vakh fHkuyy ghkrh \*ouokl kr jkgu thou txk; pš vl k jkep fu'p; gk drD; dBkj rpk dG l p Eg.kk; pk ! vFkrz cdkie vukoj >ky; kusl oZl [kpk o jkT; oBkokpk R; kx dj; yk fu?kysy jkep cdkry {e.kgh \*; wjkt i e\* Eg.kuu rD<kp rkykelykpk vkg R; kph cdkfu"bk gh cdkj oP; k: i kusl k(kr l kdj gksr ouokl kr vl ruk \*jke vkf.k l hrk\* ; kph l ok djhr vl ruk y{e.kk vucl l dVkau l kelys tkosy kxrs oG i l xh l dVkau ekfydkp R; kusvkoj >yysy vkgš rjhgh vki yk \*{kf=; ck.kk R; kusr l Hkj gh deh gksA fnyk ukgh R; ko: u y{e.kkpk cdkfu"Bruu fuekZ k >kysy eukp fu'p; j gk /keZpk tk.kho d: u ns kjk vkg

/keZpk i xMk ekuoh thoukoj i pM i ek.kk vkg R; keGs vkt ek.kk vki yh thoui /nrh 0; ofLFkr vk[kuu ?kA 'kdrks mnk HkY; k i gkVs>ki rru ABuu Luku /; ku /kkj .kk fdok fnup; ki i kj Hkkyh i kfgts gk l "Vhpk fu; e vufndkyki kl u pkyr vkysy vkg i .k vkt dkgh rdV o l "Vh fu; eu u eku.kkjs vfopkj ekuo ful xZfu; ekr; k fojkskh okxrkr- 0; Lr okxrkr- mnk HkY; k i gkVs yodj u mBY; kuso fcNKU; kr r l p i Muu jkfy; kus'kjhyk 0; k; ke o vktD l tu fdok l dkGph 'kqn gok u feGkY; kusi drrh ck/k fuekZ k gksr R; keGs vkj kx; fc?kMrs fc?kMysy vkj kx; l qkj .; kl kBh ex oSj kdMs fdok rK MKD Vj kdMs tkAu vksk/kk; jkxj i F; Eg.kuu 'kqn gopk i gObk 'kjhyk ogkok] o i puf0; pk l erky jk[k. ; kl kBh 0; k; ke dj. ; kpk l Yyk ?krkr- , [kknk vG'k h eut; gsi F; ik.kh eukoj ?kbyy vl sukgh v'kk oGh ful xZpk /keZ o vkj kx; kpk ea- ukdk: u Lor'pk LokfZ fdok vfopkj i dRrh i drrh cGkoY; kusoG i l xh ek.kl kpk er; gh vkskorsk r0gk ex /keZ ek.ks vr; fo/kh dj. ; kP; k i /nrhgh fnl u ; srr- erkrE; kyk \*eBekrh nsks fdok \*vfxungu dj.kj ; k xkSVh vkykr vk.kk0; k ykxkr- Eg.ktp fo/khor /keZ ukdk: u pkyr ukgh dj.k /keZ o fo/kh fu; e 0; k 'kk'or o l R; xkSVh vkr- rsfof'kV rYokps vkpj .k ekuys tkr rsvkpj .k vVG vkg ft ori .kh /keZpk }Sk dj .kkjsi kdG \*kebhj\* oYxuk djrkuk l "Vh l dski kl u ePr jgrkr] i .k thoukpk 'kov gkrkš r0gk ek= er; uarjpsfof/kor l ki Ldkj rsvkGw'kdr ukgh-

/keZpk; k vkgkj tkAu l n&foosdyk pDd epM cuou ful xkzhy nqG; k thoul "Vhpk cGh ?kryk tkrks eP; k i k. ; kauk dqkP; k rh vlxzk [kkrj fdok vkJ/ns kVh jktjd cGh fnystkr mnk thonku nAu bejkr cdk.kj votM o foLrh.kz vl s i kVc kjs fuekZ k dj.kj ekBekBs dkj [kus A Hkj .kj ; k i kBhekxs vkJ/npk tcjnLr ixMk vl rks Hkr fi 'kPp ; kauk i Gfo. ; kl kBh vkJ/npk vk/kj ?kAu peRdkj dj.kj gs egkvkGsi .kkpsvfopkj y{k.k vkg R; kpi ek.kS0j vkJ/npk gk i dkj euyk tkrks

/keZ izkkyh gh l R; fu"Boj vk/kjysy vkg /keZ txok Eg.kuu b"Kus; qnsgkrkr- ns kkn'skr , dekdP; k fojkskr rhozLo: i kr dyg gkrkr- jkt dh; Mkipokruu /keZyk cxy nAu dVfurhpk okij gksAu ; qnkp HkMdk mMfoyk tkrks dskrkgh /keZ i oDrk fdok /kei Mr \*; qn dj'k vl s Eg.kr ukgh- l Ykk l a Vh o gph'e'kgh xkto. ; kl kBh dkgh fu.kz ?krys tkrkr- oGi l xh jDrikrgh ?kMrkš vkrkuvr v'k i dkj ph i k.kgk.kh gksr

egkHkj rkrhy ; qnkp o.kok gks ; kvk/kh vt0kyk ; qn&fo"K; d furhfu; eukp izu u i Mrk] l xk js o ukrokbZ ; kauk eh dk ekjos \] R; kP; k'kh eh d'kk kBh ; qn dj; ps \ vl s izu i Mrkr- l xk k; js o cdk&ckokokau] vkrLofd; kauk ekj.kj ; kr vt0kyk 'kk'or l R; o eukksZ xol r ukgh- Eg.ktp vt0kP; k euyk /keZpk cdkusekU; gks ; k, oth ekuorp ek= i kr ifjLFkrhe/; svki svki l prks R; koGh l qV i oRrhuj [ky i oRrhpk u; ukV djkok] nVkpofunkzyu djko] Eg.kts; kfn; kus/keZ kBh o /keZVdfo. ; kl kBh ; qn djko] Eg.ktš \*drD; vkf.k /keZ ; kph l kxM ?krykoh] v'kk Lo: i kpk : < l drr furhfu; ekuh l ekteku; >kysy ghkr- ; qnkp; k oGh i R; {k Hxoku Jhd".kP; k rkb/uu vt0kyk mi ns k , dkkok ykxyk] Eg.kts/kefo"K; d xkSVh 0; k drD; kusVdrkr- drD; kusLoPN o y[ky [khr gkrkr] v'kk i dkj ph i kj a kfj d r=so drD; sR; koGh : < ghkr-

vktp; k mYkj vk/kfud ; qkr tkxfrdhj .kkpk ekuoh thou 0; ki kjkoj i pM vl k ncko vkg foKku o r=KkuP; k ixrhudv/ie thou vkt tjh xfreku >kysy vl yš rjh rh xrh ekuf l d \*rk.k r. kkoūs dVc/n o vVG >kyh vkg 'kst kU; kP; k ?kj kpsckdkde] cxyk] vi kVbM] ek0; ki {kk pkxys>ky] Eg.kuu eut; b"Kus d tZ dk<u us/kusuos?kj cdkrkš Lor'ps l k/ks?kj rksfof j rks R; kl kBh d t k kVh vkdkj ysyysyHkj el kB 0; kt Hkj rks ?kj pdpdr djrkš okLr q ut k d: u ?kjkr jkgk; yk xY; koj R; kyk ekuf l d 'kkrk feGrsd k \ eykckGkP; k

rkkMkrhy ?kkl dk<u ?kÅu rksLor%Åi k'kh fnol ikgrks Åi okl kr o daky ifjLFkrhr iks-husfetkl ekjrks  
dkj .k vk/kfudrP; k HkjHkjKVhpkr R; kP; k eukoj vkrksukr iek.kkr ixMk cl ysyk vl rks

T; k R; k O; Drhusvki yk thoukpk grwy{kk ?kÅu oGi d æh gsBjok; psvl rs vk/kfud t xkpk oxoku  
{k.kk l ldkj fdrh iek.kkr ekuk; pk- vki yk grwl kps/n d: u Lor%fi atjk djow ?ksk gsvfopkjhi .kkpsy{k.k  
Bjrs r; kj xf.kr l æ.kkP; k cV.kkru tjh MkG; kd ekj ; rj rjh xf.krh i/nrhur Lor%P; k gkrkus dsysys  
vkdMekMhpsxf.krgh , dne cn iM.kkj ukgh; }kph n[ky ?kryh ikfgtsOkj >kyarj rh t qh xf.krh i/nr  
enkosy} R; kru tx. ; kph i k j a k f j d i /nrh enkosy} dkykrjkusuke'kSk gkbjy- fo | r i j o Bk cn i MY; koj ex  
l æ.kd cn gkbjy- r ægk vkdMekMhrysxf.kr fdrh t.kkuk vkBosy \ dnkfor O; kogkfjd /keZ fol jY; kuš  
O; kogkfjd n"Vhgh vMp.khr ; bjy- ys[kukph i æ[k l k/kusEg.ku T; kpk xkš okusvki .k oki j dsysy k vl rks v'kk  
oLne/; svki .k "Vkd" \*i bl hy" \*i su" \*\*kkbph ckVyh" b- l k/kukph vki Y; kyk vktP; k i fjLFkrhr deh iek.kkr  
xjt Hkk l rj rjh vkt R; k ?kjkr ; k oLrph vMxG okVrk dkek u; s Kku l e/nhpk foLrkfjr ekxZv: n dj. ; kr  
dl yh vkgsi ærh \ vki .k vki Y; kp l e/nhP; k okVk tki kl rkuk MkGl i .ksfu; kst u dsysi kfgts

nš kkrhy l eLr v'kk ukxfj dkañ , dk xkšVhpsHkku Bok; yk gosdñ] thoukr dkskrsrjh ušrd vf/k"Blu  
egYokpsekuys ikfgts R; kru thoueV; stle ?kr vl rkr- /keZ Lohdkj .kš Eg.kts/kekP; k vlgkjh tk.kš vl gh  
ukgh- /keZ ukdkj .ksEg.ktš ukfLrd i fkh gskš vl gh ekurk ; r ukgh- rj th /keZ O; oLFkk l erkj Lokræ; ] çalk  
; k eV; kph tki kl uk djrj rh /keZ izkkyh Lohdkj .ksl gt] o vko' ; d okVysi kfgts

I nHkZfVi k %

1½\*bZoj , dp vkgš bz oj kph i kFkZuk djkoh] l oZl eku vkgs\*\* %egæn i Šæj]& i- 33  
\*ekuorpsmi kl d\* & i k-ol r [kk  
2½\* txkr ; k uk R; k i /nrhusnø vkgš vl seku .kkU; kph cgd æ; k vkgš vlxgkusvkØei .ksrsnø ekurkr\*\*& i]- 39  
\* ; k txkr nø vkgsdk" \ MKWckcjko xjjo-

I nHkZxÆk %

1½xhrrhy iq "kkške vkf.k ekuO; n'kZu %MKWçdk-l r & QMdscd l syl ] dkšgki j] i -vk-1984  
2½Lokhe foodkun & jked". k eB ukxi j] es1988  
3½ k txkr nø vkgsdk; \ MKWckcjko xjjo & fufelh fopkjep] dkšgki j] pksvk-2009  
4½ekuorpsmi kl d & i k-ol r [kk & egky{eh i dk'ku] dkšgki j] i -vk- 2001] ukšgæj 2002  
5½keZ% l ekt vkf.k jkt dkj .k & l æ k-MKW v'kked pks kGdj ykd ok<sup>3</sup>e; xg] epb] 2004