



^rGtki j ph Hkokuh ekrk , d vH; kl **

ckcjs , l - ch¹] vfuy [krky tkkGš

'bfrgkl foHkx] Jh- vKj -vKj -iKVhy egkfo | ky;] I koGt]rk-rkl xkno ft-l kacyh-
²I lsyki j fo | ki hB] I lsyki j -

I kjka k :

I kMrhu 'kfdri hBki šdh frl jsi hB Eg. ktsrGtki j ph Jh Hkokuh ekrk gks - gh Hkokuh ekrk vudkph dlynph vKgs Lor% jktsf'kokth ; k Hkokuh noph njjkt i ntk djhr vl r- f'kokph tlenrh fttkbz o ; k HkokuhkrPkk R; kP; k thoukoj i Hkko i Myk gkrk- jktkuh vki Y; k vk; q; kr vud oGk Jh Hkokuh nophs n'kz ?krys gkrvki Y; kl g brjku kl qnk noph; k n'kZukpk ykHk feGkok Eg. ku fgph LFkki uk i rki xMkoj dsh gkrh- egjk"Vkr vud fBdk. kh Hkokuh noph efinj svkgr- rGtki j yk vudt. k uol dj. ; kl kBh o dsyk uol QM. ; kl kBh tkr vl rkr- vud uonka R; s ekropk 'kqkkf'kokz ?kou vki Y; k I [kh I d kj kpk 'kqkkj bk dj rkr-

i Lrkouk :

'Hkokuh* ; k 'kCkpk vFkz Hko Eg. kts I k{kr- egkno %uhGdB½ gks o Hkokuh Eg. kts f'kokuh %i kozh½ ; k f'kokuhP; k i k. kukFkl 'kklvvl si . k uko vKgs 'kklvEg. ktsdY; k. k o Hkw^Eg. kts gks I Ttukps j {k. k o nqZukpk uk'k dj. ; kl kBh vorkj ?kryy k rks 'kklv gks -



^vej dksk* ; k xFkr Hkokuh noph 21 ukosfnyh vkgr- rh i qhy i ek. ks1- mek 2- dky; k; . kh

3- xġh 4- dkyh 5- gġkorrh/kjh 6- f'kok 7- ; ġk; .kh 8- Hkoku 9- 'kokz kh 10- l oġM-xyk 11-vi .kkz
12- i koġh 13- nġkz 14- eMkuh 15- pġMdk 16- vġcdk 17- vk; kZ 18- nk{kk; .kh 19- pġ 20- fxfj tk
21- eudkRerk-

f'ko Eg.kts dY; k.k gks - f'ko] l nkf'ko] mekuFk] HkksyukFk] dSykl j.k.kk bR; knh l oZ 'kadj kph
ukos vġgr- f'kok Eg.kts l k{kkr egkj k'vki j rh uġsrj l oZ Hkkr ns'kkpġ vġk/; nġrk vġgs Hkkr rkr
vuud fBdk.kh ; k nġph eġnj svġgr- f'ko&f'kokth ckrP; k vuud dFk xFk/; svk<Grkr-

rġtkij gsrhFk]k= ejkBokM; krhy mLeukcn ftYg; kr vġgs ; fksuojk=kr o brj fno'khl ġnk
gtkjs HkDr nġP; k di'f'kokh ikr dj.; kl kġh o n'kZ ?ks; kl kġh ; s vl rkr- rġtkij gs
mLeukcnkl u 40 fdeh o l kyki j ikl u 45 fdeh vġrjkoj vġgs rġtkij gs Nk/s xkġ vġgs
rġtkij ps uko fppi j vġgs Okj Okj o'kkz nġz vkt T; k fBdk.kh eġnj vġgs rh l a'kz tkxk fppġ; k
>kMkuh 0; ki ysuh gkrh- tġ; k dġxni =kġ: u Bk.ksfppi j vl k ; k LFkGkpk mYysġk vk<Gu ; rks¹

1½ Hkoku ekrpsefġj %&

Hkoku ekrpsenġj gsi nġzHkġk vġgs ; k eġnj kpsi ġhy i ġk.ksrhu foHkx lMkr-

- 1- l HkġeMi
- 2- xġeMi
- 3- xġHkġk

eġnj kġkorrh ekBs i k.k vl u izkLr vġk&; k vġgr- ; kl etar rVcnh vġgs eġnjkoj ?kġMġ
ekġ] grġh] ekdMġ ; {k} xġkoġ fdluj] nġnġrk b- P; k eġnz dġj yġ; k fnl u ; rkr- i ġj i ġki ġk.ks
uojk=kġl okr vuud t.k xnhġġs ; k f'k[kj kps n'kZ ?kġup ?kjh i j rkr- ; k f'k[kj koġhy u{khdke o
cycVvġh vfr'k; l ġj vġgs Hkoku eġnj kpk l HkġeMi gk vR; r l ġj vl u rsl kGk[kkġkj vk/kfj r
vġgs ; k eMi kP; k mRrj o nf{k.k cktġy k rġj .ks vġgr- ; k eMi kyk ykxup i f'pe fn'kP; k cktġ xġeMi
vġgs ; k xġeMi kl fcu[kkġch eMi Eg.ku vġG[krkr- ; k eMi kl , d xġHkġk vl u xġHkġ; kP; k i f'pe
fn'kd e/; koġ , d mġ fl ġkl u vġgs ; k fl ġhl ukoġ rġtkHkoku nġph l ġj eġnz vġgs gh eġnz dġG; k
i k'kk. kph vġgs

Hkoku nġP; k eġnj krhy l HkġeMi ktoGp fl /nġoj kps Hkoku 'kadj kps nġAG vġgs ; k fl /nġoj
nġGġkorrh vġk&; k vġgr- i f'pe fn'kd ; s; ktk; ; kl kġh ekBk nġokt vġgs ; k vġk&; kġe/; s vuud
nġnġrk vġgr- ; k vġk&; kġe/; seġ; Ros; ekġ] ufl ġ] 'kġyorrh] Jh ukj k; .ky{eh b- pk l ekoġk gkrks
xġeMi kl toGp mRrj fn'kd 'kġ?kj vġgs i yhdMhy cktġ [kġkġk vġgs Hkoku 'kadj kP; k nġGkP; k
i kġhġxsgkġdM o f='kġy vġgs l ekġ l ġj nhi ekGk vġgr-

vġkxġs fn'kd , d ?kġk vl u nġokT; ktoGp mġ0; k l kġMpk Jhx.ksk vġgs ; k LFkku ktoGp
vġrdM o vġrs oġ vġgs 'kġkġhp Jh nRr=k s o ueġsoġ vġgs f'ko i koġh l ġ Jhf l /nġfouk; d o x.ksk
dM toGp vġgr-

2½ nġph egki ġt k %&

; k Hkoku ekrpġ fur; uekusfnol kruu pkj oGk 'kkL='kġn j hfrus i utk gkr s Hkoku nġph vġġkj
i utk l ġnk vl rs gh vġġkj i utk i ġsfnyġ; k frFkġk dġyh tkrs

- 1-pġ= 'kġn i frink 2- Jko.k 'kġn "k"ġh ġf'kj kGk "k"ġh/ġ 3- Hkġnġ n 'kġn v"Veh] 4- vf'ou 'kġn i pġh
ġyfyf i pġh/ġ 5- dkfrġd 'kġn i frink] 6- edj l dġkr 7- j Fkl lreh b-

Hkoku nġP; k egki utd kġh ngh nġkph vuud HkġMh nġP; k f'kj deġkoj vkr.; kr ; rkr- ngh
nġk l efi ġ djrkuk rġkhy i ġkġh vġHk'kġkps eġ Eg.ku R; kuarj 'kġnġi ndkps Luku ?kġyrkr- nġP; k
eLrdh gġndpġwokġu pġukpk eGov Hkġ.; kr ; rks ; k oġh i ġkġh nġky; kr ; rks R; koġh tkenġ
nġky; kP; k i f'pe fn'kP; k nġk'kġh mġk vl rks gk tkenġ yġġkj h nġks ^i ġkġh vġys gk vġys rġgh
yodj ; k' gh yġġkj l k{kkr nġh ekrd vl rs gh yġġkj h ykġi ; ġ , dġw ; r s dġj .k ; fks ful xġE;
i fġl j kr vġokt ?kġrks

Jh {ks= rġtġij ; fks 'kġn uol dj.; kl kġh o uol QM.; kl kġh nġj &nġjo: u vuud Hkġfod
; rkr- i R; d HkġfodkP; k eukr vuud bPNk vl rkr- R; k l oZ l kġRod bPNk nġP; k di ki l knkeġs
fufoZui .ks i ġ i Mġ0; kr vl k R; kpk grw vl rks

3- Hkokuh vkbpsvydjk %&

vkbz Hkokuhps l oZ tkrh tekrlps vl [; HkDr vkgR- ekryk frP; k HkDrkuh ekY; oku vvydjk viZk dsy vkgR- Jh N=i rh f'kokth egkj ktluh vkbYk 101 ekgj kP; k i rG; kph ekG viZk dsyh vkgR; k ekGrhy i R; d i rGhoj ^ jktsf'ko N=i rh* v'kh v{kj sldkj ysyh vkgR-² ekR; k vvydjk kar fg&; kpk dej i Vvk] ekR; kpk gj] i rG; kP; k i pjRuh ekGk] xGI &; k] pngkj] toekGk] fpi s; k] nqkk] cktuon] ddo dcdM] jkgoM; k] xkbM] cyckG; k] i st.k] fg&; kP; k fofo/k i djkP; k d&; k] xkv] i kVY; k] rkbM] rkjM; k f'kok; fgj] ek.kd] i kpy] uhy] i qi jkx] ekRr bR; knh j RutfMr vvydjk gh vkgR- eplw] ufk vkf.k j RutfMr [kMkok vcd'kd] vkgR- p& 'kq1] Jko.k 6] Hkkn n 'kq4 vf'ou 'kq5 dkr'z 'kq1 edj l dkr o j Fkl lreh g; k fno'kh ekryk vvydjk ?kky. ; kr ; rkr-

4- nohpk Nfcuk %&

rGtki j krhy ful xjE; o HkDrHkokuh tkr gskk&; k ; k efinjkr nj eakGokjh Nfcuk fu?krk Hkokuh nohP; k MkO; k gkrkP; k vkojhr Nfc. ; kl kBh vr; ko'; d vl .kkjh o ujkf fl g] x: M] unh] gd] ekj bR; knh ykdMh jzhr okgus r; kj Bopysh vkgR- R; ki sdh , dk okgukoj Hkokuh nohph vckjh Bouu i nf{k.kl l q okr gkr s R; koGh fofo/k ok] s oktfoyh tkrkr- vuadt.k noh l ekj vkuankus ukprkr- Nfcl; kl kBh ckgj xkokuu vkysyH HkDr eMGH l qnk nkku & rhu fnol ePdke d: u Nfcl; kpk vkuu ?krkr- , dnjhr ; k Nfcuk fejo. kph }kj sl oZ tkrh /kekpsyk d, d= ; rkr] R; knu l kekt d l erk fnl u ; rs

5- uojk= mRl o %&

; k fBdk.kh l okr ekBk mRl o uojk=ke/; s vl rks i frinl ; Fkhy dkkj rhu ?kxjh vk.krks o xkeq] k rhFkkt oG Bouu nrks l sdjh vf/kdkjh bR; knh fejo.knd dk<u rs?kV [kkyh vk.krkr- i fgyk ?kV l Hk eMikrhy bzku; d LFkki u dsyk tkrks Hkokuh nohP; k efinjkl ekj uhGdBkps efinj vkgR; k efinjkrhy ekxhy cktu f='kqkP; k vkojhr nd jk ?kV cl forkr- frl jk ?kV R; kp vkokjkrhy efinjkr LFkki u djrkr- ; k fBdk.kh i frinl kl u l oZ fnol osoxGs mRl o l q vl rkr- mRl ok&ku l ekt i cksku gkrso l ektkr l r vkpkj & fopkj mPpkj kpk i pkj gkrks

6- l heklyaku %&

fot; kn'kehl nohl l heklyaku dj.; kl kBh fu?krk nohP; k ephl i ky[khr cl oys tkrk l heklyakukph fejo.knd dk<yh tkrk l heklyaku >kY; kurnj noh 'k; u djrs nohpk 'k; ui yak gk Lor=i .ks cufoysyk vl rks R; kP; k i kBehkx i yak vkf.k i ky[khph vk[; kf; dk l kaxryh tkrk nohph 'k; ui yak cufo. ; kpk cgeku uxj ; Fkhy , dk 0; Drhl vkgR gh 0; Drh njo'kiz nohl kBh l okHkokuh r; kj dsyyk i yak nrs ; k rGtki j kr dkgH xkVhps vktgh i ky dsy tkrk rGtki j ; k rhFkkt kr dkkj kps pkd fQjr ukgh- ; k fBdk.kh rY; kpk ?kk.kk pkyr ukgh- eaxykf; uh Hkokuh noh gh i yakoj 'k; u djhr vl Y; keGsxkodjh i yakoj >ki r ukghr- fookgkP; k oGh uonka R; kph ojkr xkMhr u dk<yh tkr ukgh-³

7- Hkokuh nohpk xkalkG %&

gk xkalkG Eg.kts HkDrh o minsk ; kpk l ello; vl rks Hkokuh ekryk xkalkG ?kkyk. ; kph i Fkk Qkj o'kiz nohph vkgR l ar Klus oj] ukenp] , dukFk] jkenkl] nplkj ke gs egkj k'Vhps i pi k.k vkgR- R; ki sdh l ar vki Y; k vk; q; kr xkalkG] Hkk: M] vdkx xkalkG] , dukFk Hkxor bR; knh vuad xkalkG fyfgys l ar , dukFk egkj ktluh j ppyk , d xkalkG vkgRks i qhy i ek.ks

vukfn vfcdk Hkxorh A cktk i j Mh ?ks'Ah gkrh A
i kr Kkukpk i kt Goh A mnksmnks HkDr ukprh AA/kAA

xkGk ; bZoks txncsA erdi hB vncsAA 1AA
U; kl ofl "B 'kpl xkGk ukprkrh l kgaeGh
}S-Hkko fol : uh cGh [kGrh vncsrpsxkGk AA 2AA
epW.e.kh i Mfyd A ngrhl dksV nD uk; dk
xkGk ?kfyrh l dksrpk , dk vkufnuh ukpsnqk AA 3AA

xkGk ykd xkGkyk mHks jkfgY; kuarj rs l oZ i Fke txnck ekrd vkokgu djrkr- urj
, dki kBlk kB vud nD nDkph ukos ?kou R; buk xkGkl kBh vkokgu djrkr- HkDr x. kkauk ; 'k] y{ehj
vksk;] Kku] oJk;] , so; Zi klr Ogkos Eg. ku i kFkZuk djrk- xkGk ykd xkGkGP; k oGh ^l cG* uke , d
ok| oktokrkr- l cG gs xerh'khj ok| vks gsok| oktok; yk l q okr >kyh dh] vkr ohj Jh fuekZ k
gks xkGk ykd l qj l j ykoysy fofo/k dFkxhrl r vkpkj] fopkj] mPpkj kps i kyu Ogkos vl k R; kpk
mnask vl rks⁴

8½ HkMkGhpk dk; Zde %&

uojk=kBl o l ektruarj ; k fBdk.kh HkMkGhpk dk; Zde vl rks HkMkGh Eg. kts , dk ekB; k
ykdMkl ryr fhktfoysys dki M xkGkr ; kl vXuh ykork- gh HkMkGh dkgh Hkdfod fejo. kphru
l oZ fQjork- gh HkMkGh fQjo. ks tkq kehps dke vl rs; k HkMkGh eGso kbV xksVh u"V gkrkr- vl k ; k
i kBhekxpk mnask vks

9- nDph Hkksch %&

; Fks nDph Hkksch l ktjh dj . ; kph i Fkk R; ke/; s l oZ Fke nDh i pkerkps eaxy Luku ?kkyrkr-
nDh uohu Hkj tjh oL= ud ouu frph [k.kkuj Gkus vkVh Hkj rkr- vki Y; k Lokehl [kiv vk; q; ykHku
l kBlk; i klr Ogkos Eg. ku dkgh Hkdfod efgyk l oZ nDgr gGnh dplokp l Mk f'ka Mrkr- dkgh Hkdfod
uol QMrkuk i nf{k. kP; k ekkb: u l rr yk/kx. k ?kkyrkr- vki Y; k eukdkeuk i wZ gks ; l kBh o nDph
e/kj l kn ykHku thour vkunkpk i dk'k fuekZ k gks ; kl kBh vud Hkdfod ; Fks; rkr-

10- jkeojnkf; uh %&

rGtkiijP; k mRrj fn'kd jkeojnkf; uhs HkO; efinj vks gsefinj i kphu vks efinj krhy erhZ
viire dkj kfxjhph vks erhP; k eqkkoj l kRod Hkko vks nDh v"VHkqk vks frus MkO; k gkrkr
efg'kkl jkph 'kMh /kjyh vks , dk mtD; k gkrkr ryokj vks MkO; k gkrkr <ky vks <kyhy ryokj hps
Vkd Li 'kZ djrj rl p , dk mtD; k gkrkr Me: o , dk gkrkr f='ky vks- , d gkr ekMhoj fol koyk
vks R; kr dV; kj vks mjyY; k nku MkO; k gkrkr vuqes?ka/k o i kui k= vks nDhP; k xG; kr vydkj
o MkD; koj f'kofyx vks ^rpkbz ukokusgh vkG[kyh tks rpkbz gsrGtHkokuh ekps vk. k[kh , d : lk
vks Jh jkenkf; uh ekr A rpk Eg. krh jkeoD; kFkAA vl sl r , dukFkuh mxkj dk<ysvksr-

jkeojnkf; uh ; k efinj kP; k fBdk.kh l k{kr i Hkwj kepnz vkys gks Jh jkeouokl kr vl rkuk ; k
nDhps n'ku ?krY; kuarj nDh fl rki rhl oj fnyk- ; kp dkj .kkeGs ; k nDh jkeojnkf; uh vl s uko
feGkys nDh ; euk; y i oZkojhy , dk f'kyoj mHks jkgu i Hkwj kepnz ydpk ekZ nk[kfoyk- R; k
f'kysk ^?kVf'kyk* vl s Eg. krkr- i Hkwj kepnz fopkj yY; k i ek. kko: u i ko r hps uko ^ r w dk vkbZ *
; ko: u ^rpkbz ^txnck* vl s: <>kys

jko.ko/k d: u fl rd g i jrrkuk i Hkwj kepnz vki ysi qi d foeku l eqkpykoj mrjoys o
JHkokuhpsn'ku ?krysgks⁶

11- /kdvSrGtkiij %&

rGtkiijP; k iohyk l ekjs , d fdykehVj varjkoj , d ykul s xko vks R; kyk ^/kdvS
rGtkiij* vl s Eg. krkr- 'kr ukajr vl rkuk nDh erhZ l ki Myh v'kh vk[; kf; dk vks ; k nDhps
oS'kV; s Eg. ktsgh nDh ggs eG rGtkiij ; Fkhy nDh ek. ksnl rs ; k nDh eG ^/kdvSrGtkiij* gs uko
: <>kysvks ; Fkhy Hkokuh erhps'kyi vR; r j[kho vks

12- i kphu xFkr nophk mYys[k %&

Jh rGtKkokuHpk mYys[k i kphu dkyhu ukukfo/k xFkkae/; s fnl u ; s kr- Ldni j k.kkr rGtKkokuH ekrpk mYys[k vkg; nph Hkxor i j k.kkr l dnk ; k nophk mYys[k vk<Grks v'kk i d k j s l rkuhl dnk vki Y; k vHkkrnu noph Lnrh dsh vkg; l TtkuxM fuokl h Jh j kenkl Lokeph vki rh l okuk i f j fpr vkgp- bfrgkl ke/; sl dnk nophk vud fBdk.kh mYys[k vk<Grks ; kckr vud c [k j hpk vH; kl dj kok ykxy- f'kodkyhu vud i =kae/kw l dnk nophk mYys[k vk<Gu ; s ks rks i q-hy i ek. ks

Jh {ks= rGtKi j gs Lokehps vkj k/; nbr} cgr Fkij] tkxr LFKG] vukfn ; Fkhy i utk mRl kg l kac pkyfo. ; kdjrk i whz cky8kkV i j x. ; krhy vkae'krO8 i d h ctge.kh gk xko buke fnyk gkrk- i .k rks y"djkl fnY; keGs l j Ghr pkyr uOgrk- Eg.ku rks ekdkl knij d: u i d h 'kyxkae gk xko uuru buke d: u i whz ek.ksnol fnyk-⁶

Jhnsh i anrksk.kkFkZenyaf0 [; kr dhfrZkrh A
eYgjkfkr o/kq ; drne/kwuk j okrj sl dLFkrk AA
[k d/s k ; o/kq pdkj txn{kak; ok/kh i j h A
l kj k eku u j hnz o/kz l fyyksukeuk vfgY; k l rh AA
'kds l =kk'ks l kr ulk'kkfyokgu 'kds

Okjhy mYys[k gk , dk f'kyoj vk<Gu ; s ks rGtKi j xkokr i dsk djrkukp , d Hkyh ekBh foghj vk<GrS ojhy etdij Eg.kts gh foghj i q ; 'ykd vfgY; kckbz gkGdj kauh d0gk ck0/kysyH vkg; ; kpk BkofBdk.kk ykxrs

13 {ks=krhy dkgH rhFKz vkf.k eB %&

vkbz txnaP; k efinj ktoG ekrax ekrps efinj ykxrs ; k efinj ktoG ^ekrxdM* vkg; R; kpi ek. ks^xkae [k rhFKz dYykm rhFKz eadkorh rhFKz ^ukx>jh rhFKz v'kh rhFKz vkgr- ; k {ks-h vj . ; c0pk eB] Hkij rhc0pk eB] nej kst hc0pk eB] ckdkst h c0pk eB] xjhcukFK0pk eB] b- i j kru eB vkgr-⁷

fu"d"z %&

Jh rGtKkokuH egjk"Vkrhy turps vkj k/; nbr vkg; ; k nophjhy J/negs l a w k z Hkij rkrnu l o z tkrh /keqps ykd ; Fks ; s kr- ; k reke HkDrkae/kw uops U;] l erk] c0k0] n; k] nku b- ph f'kdo.k nrs vkf.k v [kM Hkij r tkM. ; kps t. kw dk; l dj rs brdp uOgs rj noph; k HkDrkauh egjk"Vkrph ykd dyk HkDrhxrk}kjs l ohj i kgpfoyh vkg; HkokuH ekrk d0G N=i rh j ktkauk i j . kkrk; h Bjyh ukgh rj frus l keW; ek.kl kr nq khy tx. ; kps cG fnys vkg; FkkMD; kr rGtKi j P; k HkokuH ekrnegs egjk"VkrP; k j ktdh;] l kekf t d] vkfFKz vkf.k l kkdfrd bfrgkl kr egr0i w k z Hkij i Myh vkg;

l anHkZ xFkl uph %&

- 1-Klusoj rlmGs] Jh nshph l Msrhu 'kDr i hBses 'kijnk l kgr;] 1937] i-dz15
- 2-jk-fp-<js%Jh rGtKkokuH nsh] Jhi | xdk i d k'ku] i q s 2007] i-dz30
- 3-lle-g- i Hkps kbz%vkn 'kDr hpsfo'olo: i %nshals k z [kM 1 yk i q l j 1967] i-dz20
- 4-rdZFK y{e.k'kl=h tks k%e j k B h fo'odks k % [kM 7] 12] i-d-17
- 5-; kxf l /nh] Jhnsh mi kl uk fo'kkae % v k M v k c j 2011] i-d-12
- 6-l unki=si-191
- 7-egjk"V8ftYgs& mLeukcln & ifl /n foHkx egjk"V"kl u] i-dz5